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**FOR IMMEDIATE RELEASE**

**September 22, 2009**

**Inaugural 'Bare Leg Run' 5K Debuts in Denver on September 26**

Race to Benefit 30<sup>th</sup> National Veterans Wheelchair Games in 2010

DENVER – September 22, 2009 –The **Inaugural Bare Leg Run: Bare Your Legs for Those Who Bore Arms**, 5K Walk, Run & Roll at the Denver Federal Center will be held on Saturday, September 26, 2009. All proceeds from the race will support the 30<sup>th</sup> National Veterans Wheelchair Games to be held in Denver, July 4-9, 2010. The Department of Veterans Affairs (VA) Eastern Colorado Healthcare System (ECHS) and the Mountain States Chapter of the Paralyzed Veterans are hosting this event, which is the largest annual wheelchair sports event in the world. The **Bare Leg Run** is open to the public and registration is now open.

The race will be held at the Denver Federal Center, Gate 1, located just off of Kipling between Alameda and 6<sup>th</sup> Ave. Runners must have a photo ID to enter the Federal Center.

Race times are as follows:

- 9 a.m. Wheelchair Competitors
- 9:15 a.m. Able Bodied Runners
- 9:30 a.m. Rollers (Wheelchair non-competitive, 2 & 4-wheeled walkers, etc.)
- 9:45 a.m. Walkers
- 10 a.m. 1K Fun Run

Registration is open online at [www.active.com](http://www.active.com), keyword search "**Bare Leg Run;**" or in person on race day. Entry fees are \$25 for adults; \$15 for 12 year-olds and under; \$35 after September 19, 2009. Long sleeve t-shirts are \$15.

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**About the Wheelchair Games:** The National Veterans Wheelchair Games, presented each year by the Department of Veterans Affairs (VA) and Paralyzed Veterans, are open to all U.S. military Veterans who use wheelchairs for sports competition because of spinal cord injuries, certain neurologic conditions, amputations, or other mobility impairments. The VA Eastern Colorado Health Care System and the Mountain States Chapter of Paralyzed Veterans are hosting the 2010 event.