

City of Colorado Springs Therapeutic Recreation Program Summer 2009 Adapted Sport Programming

Adaptive Cycling Rides:

- The Therapeutic Recreation Program is partnering with local bike specialist AngleTech to host 3 local rides in the Pikes Peak area this summer. Please bring your own cycle if you have one; if you need a bike, AngleTech will have cycles available for sign-out prior to rides so please register ahead of time. Beginner or veteran riders are welcome!
- Pikes Peak Greenway Trial, meet at 220 Mesa Rd by the Monument Valley pool parking area.
- Saturdays, June 20; July 18; August 22
- 8:00 am to noon
- There is a fee of \$7 per person

Wheelchair Basketball Open Gym:

- Wheelchair Basketball Open Gym is for anyone looking for the opportunity and a place to practice your skills and play with others who enjoy the sport of basketball. Our Hillside Community Center will be open one night of the week through the summer for anyone to come out and play.
- Hillside Community Center; 925 S. Institute
- Thursdays, June 11, 18, 25; July 2; August 13, 20; 6:30-8:00 pm & Thursday's July 9, 16, 23,; August 6; 7:15-8:30 pm
- There is a fee of \$2 per session
- Note the different start times for the dates above

Wheelchair Softball Open Field:

- The Therapeutic Recreation Program will be offering open field time at Skyview Sports Complex. Skyview features an ADA playing surface and a National Wheelchair Softball Association regulation size field.
- Skyview Sports Complex; 2894 Resnik Dr (corner of Powers & Zeppelin)
- Tuesdays, June 2, 9, 16, 23, 30; July 7, 14, 21; August 4, 11, 18
- 6:30 to 8:00 pm
- There is a fee of \$2 per session

Paralympic Sport Days:

- Paralympic Sport Colorado Springs is hosting a week-long event in Memorial Park highlighting multiple Paralympic and adapted sports! Each day of the week will feature a different sport with hands-on instruction provided by guest professional in the sport.
- Monday-Friday, July 27-31
- Swimming is Monday; Wheelchair Tennis is Tuesday; Adapted Water Skiing is Wednesday; Sled Hockey is Thursday; Cycling is Friday
- Please contact Dan Schwieder at 719-385-6855 for registration and more details.
- There is a fee of \$3 per day

Wheelchair Football Clinic:

- The City of Colorado Springs Therapeutic Recreation Program is teaming with Colorado Wheelchair Sports Wheelin' Broncos team to offer an introductory and hands-on clinic in wheelchair football.
- Skyview Sports Complex; 2894 Resnik Dr (corner of Powers & Zeppelin)
- Saturday, August 8
- 9:30 am to noon
- Free

Handcycling in Keystone:

- The City of Colorado Springs Therapeutic Recreation Program is partnering with the Breckenridge Outdoor Education Center to offer a handcycling activity for injured service members at Fort Carson and the Pikes Peak area! We will meet with BOEC staff in Keystone to play on these specially designed bikes. Transportation to Keystone is provided from Colorado Springs.
- Thursday, August 27
- 7:30 am to 4:30 pm
- Fee is \$17 for entire package
- Please contact Dan Schwieder at 719-385-6855 for registration and more details.

Fishing Trip to Westcliffe:

- The City of Colorado Springs Therapeutic Recreation Program will be heading to Westcliffe, CO for a day fishing trip at the Cross D Bar Trout Ranch for injured service members at Fort Carson and the Pikes Peak area! Transportation to Westcliffe is provided from Colorado Springs.
- Monday, August 10
- 8:00 am to 4:00 pm
- Fee is \$5 for entire package
- Please contact Dan Schwieder at 719-385-6855 for registration and more details.

Boccia Clinic:

- The City of Colorado Springs Therapeutic Recreation Program will be hosting an introductory clinic on boccia, which is similar to bocce ball. It will feature a demonstration and an opportunity to play the sport. The clinic is open to youth and adults with physical disability such as traumatic brain injury, cerebral palsy, multiple sclerosis, stroke, and use a wheelchair.
- Skyview Sports Complex; 2894 Resnik Dr (corner of Powers & Zeppelin)
- Saturday, August 15
- 9:30 am to noon
- Free